

Dr. William J. Ruiz Vale

Studied medicine at the Universidad Central del Caribe in Puerto Rico from 1988 to 1993. His preparation and specialty in Gynecology and Obstetrics was done at the Centro Medico of Puerto Rico, Rafael López Nussa Hospital in the years 1993-1997. He began his private practice as an OB-GYN in 1997 and has been a specialist in this medical field for over 25 years. From 2006-2009, he completed his studies in Regenerative, Functional, and Anti-Aging Medicine. His final phase culminated in passing the oral and written exam (boards), which positions him as the first Obstetrician Gynecologist in the country with this academic preparation. He is currently a graduate of the United States Anti-Aging Academy (A4M). In 2016 he was asked to join the medical advisory board of one of the most scientifically based nutrigenomic products companies. Dr. Ruiz Vale is LifeVantage's first Latino Medical Advisory Board in the United States, a position he held until 2021. On June 30, 2022, he ends his batch as an obstetrician to concentrate as a functional, regenerative, and anti-aging specialist, positioning himself as a leader in bioidentical hormone therapy in the female population.

Most of his patients describe him as the doctor, psychologist, and friend they can trust. His quality as a human being makes him stand out as a singular doctor. His consultations always include the spiritual touch that every human being needs. For the past 20 years, he has participated in Christian and television media in Puerto Rico and is a resource in the Top Show in the mornings on 97.7 fm (Nueva Vida) in the segment Revista de Mujer. He currently has a Saturday segment of regenerative medicine on Nueva Vida 97.7fm. In the 2016-2017 Academic Year he joins NOVA Southeastern University as a preceptor, making his private practice a unique setting for students of the doctoral program in pharmacy, where students have had the opportunity to evaluate treating and following patients in the office, delivery room, and operating room. Currently, Dr. William Ruiz Vale has a successful practice in Dorado, Puerto Rico.